

How to Facilitate a Human Rights Based Approach in Family Planning: **A Strategic Planning Guide**

August 13, 2025



Nihal Said, IPPF, Moderator

Nihal Said is the senior technical advisor for research and partnerships at IPPF, the largest SRH provider organization with 156 member organizations and collaborative partners. Nihal has worked extensively on adolescent and youth SRHR and on the use of communications and community mobilization for social change for women and gender issues. Said's expertise spans across humanitarian and development program planning, design, implementation, monitoring and evaluation in areas of global health with UN and CSOs. Nihal is a member of the HIPs Co-sponsor Group.



Today's Agenda

→	Welcome	Nihal Said, IPPF, Moderator
→	Overview of Tools & Resources	Nandita Thatte, WHO/IBP Network
→	High Impact Practice in FP: Human Rights Based Approach	Emilie Filmer-Wilson, UNFPA
→	Regional Perspective	Stephen Mupeta, UNFPA ESA
→	HRBA & FP2030 Asia Hub	Dakshitha Wickremarathne, FP2030 Asia Pacific
→	Advocacy & Accountability in the context of HRBA	Peter Ngure, ICFP Advocacy & Accountability Subcommittee
→	Questions & Answers	Moderator
→	Closing	Nihal Said, IPPF



Before we Begin



Webinar will be
recorded



Submit your
questions anytime!



Visit our website:
fphighimpactpractices.org



Download the handouts
shared in the chat

Sexual and Reproductive Health providers as human rights defenders

Gilmore K, Boydell V, International Planned Parenthood Federation, et al., 2022 study called for standing up for the human rights of SRHR providers and advocates and affirm that they are entitled to care for clients without harassment, intimidation, fear or threat as defenders of the rights. Providers in humanitarian settings also care against all odds and under increasing threats of being targeted and should be protected under human rights and international humanitarian law.



RIGHTS AND EVIDENCE-BASED SERVICES TECHNICAL BRIEF

Guidance to Member Associations provided through:

1. Evidence-based clinical guidelines
 - Launched end 2022
 - Accompanied by mobile app to facilitate use
2. IPPF quality of care framework based on IPPF's Charter of Client Rights and Provider Needs:
 - Safeguard the rights of clients, choice of care, privacy, safety and dignity.
 - Ensure healthcare providers have access to continuous learning and training
3. Relevant IMAP statements and Technical Briefs
4. Research and advocacy to defend sexual and reproductive health providers



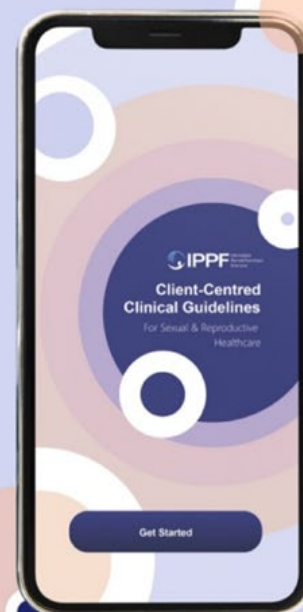
TRANSGENDER AND GENDER DIVERSE PEOPLE



IPPF'S UPDATED CLIENT CENTERED CLINICAL GUIDELINES

Introduction video:

View on YouTube:
https://www.youtube.com/watch?v=ER6_zbybP74
Download the video:
https://drive.google.com/file/d/1MrTMqT-oIhEDv_YaududJg5CbNIDlrB/view?usp=sharing



What are the High Impact Practices (HIPs)?



Evidence-based
family planning
practices



Vetted by experts
against specific
criteria



Documented in
an easy-to-use
format

HIP Categories

HIP briefs are grouped into three primary categories:

Enabling Environment

Address systemic barriers that affect an individual's ability to access family planning information & services.

Service Delivery

Improve the availability, accessibility, acceptability, and quality of family planning services.

Social and Behavioral Change

Influence knowledge, beliefs, behaviors, and social norms associated with family planning.

Enhancements

Approaches used in conjunction with HIPs to maximize the impact of HIP implementation or increase the reach.



HIP Briefs

HIP briefs define the *practice* and summarize evidence of *impact* and experiential learning from implementing.

HIP

FAMILY
PLANNING
HIGH IMPACT
PRACTICES



fphighimpactpractices.org

Nandita Thatte, WHO/IBP Network

Nandita Thatte leads the IBP Network in the Department of Sexual and Reproductive Health and Research at WHO in Geneva. She is passionate about using the WHO/IBP platform to disseminate and support the use of evidence-based interventions and guidelines, inform implementation research and program priorities and amplify local partners and experiences on a global scale. Prior to joining WHO, Nandita was a Senior Advisor in the Office of Population & Reproductive Health at USAID. She has a MPH from Johns Hopkins Bloomberg School of Public Health and a DrPH from the George Washington University. Nandita is a member of the HIPs Co-sponsor Group.



Positioning the HIPs within the Global Ecosystem for Rights-Based SRHR



Positioning the HIPs Within the Global Ecosystem for Rights-Based SRHR

Nandita Thatte, WHO/IBP Network

Åsa Nihlén, WHO/HRP



WHO Human Rights Mandate

WHO

PREAMBLE TO THE CONSTITUTION

The STATES parties to this Constitution declare, in conformity with the Charter of the United Nations, that the following principles are basic to the happiness, harmonious relations and security of all peoples:

Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.

The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.

The health of all peoples is fundamental to the attainment of peace and security and is dependent upon the fullest cooperation of individuals and States.

The achievement of any State in the promotion and protection of health is of value to all.

Unequal development in different countries in the promotion of health and control of disease, especially communicable disease, is a common danger.

Healthy development of the child is of basic importance; the ability to live harmoniously in a changing total environment is essential to such development.

The extension to all peoples of the benefits of medical, psychological, and related knowledge is essential to the fullest attainment of health.

Informed opinion and active cooperation on the part of the public are of the utmost importance in the improvement of the health of the people.

Governments have a responsibility for the health of their peoples which can be fulfilled only by the provisions of adequate health and social measures.

ACCEPTING THESE PRINCIPLES, and for the purpose of cooperation among themselves and with others to promote and protect the health of all peoples, the contracting parties agree to the present Constitution and hereby establish the World Health Organization as a specialized agency within the terms of Article 57 of the Charter of the United Nations.

“The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.”

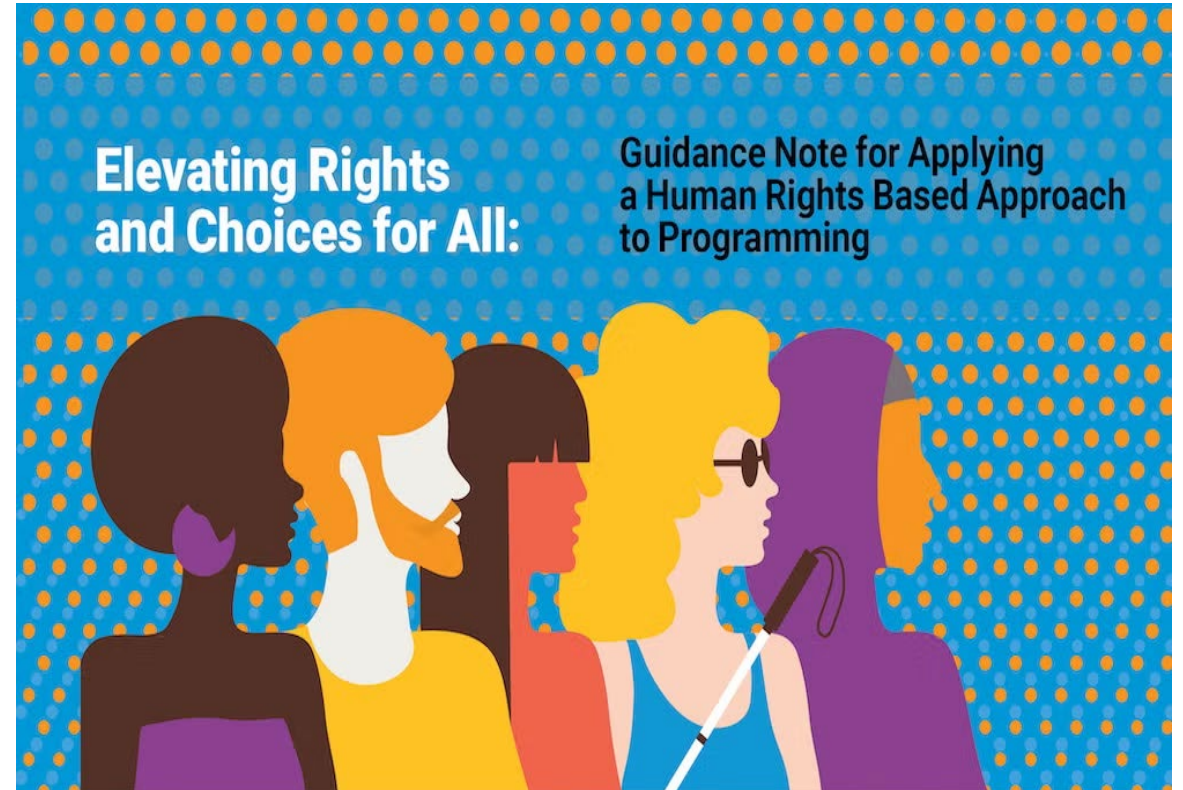
United Nations Mission for Health

- Right to Health for All
- Non-Discrimination and Equality
- Bodily Autonomy and Informed Choice
- Quality, Availability, and Accessibility of Services
- Participation and Accountability



Why is a Human Rights-Based Approach for FP Important?

- Human Dignity and Autonomy
- Improves Health Outcomes
- Reduces Inequities
- Strengthens Accountability and Participation
- Supports Broader Development Goals
- Addresses Power and Gender Dynamics



Overview of Existing Guidelines, Tools and Resources

- UNFPA Holistic Framework (2023)
- UNFPA Human Rights-Based Approach Support Tool (2025)
- WHO Guide to Ensuring Human Rights in Contraceptive Information and Services (2015)



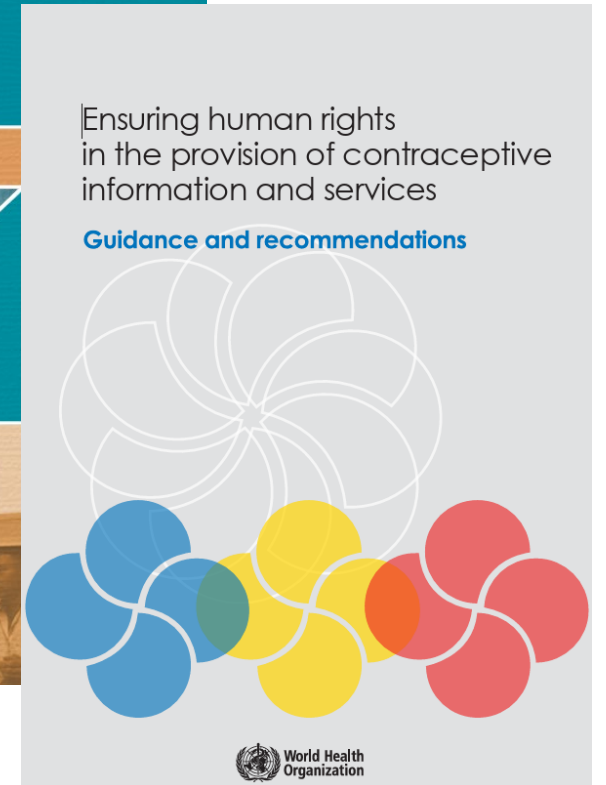
Essential programme elements

The Holistic Framework for Human Rights-Based Family Planning depicts a rights-based family planning programme. This framework defines the essential elements that ideally be in place at the various levels in the health-care system for a comprehensive programme based in human rights. Such an ideal programme does not yet exist. Yet every programme is somewhere along the continuum that leads to this ideal.

The framework includes four programmatic levels:

- COMMUNITY Supportive community and social and gender norms
- LAWS & POLICY Enabling legal and policy environment
- SERVICE DELIVERY Quality information and services
- INDIVIDUAL Empowered and satisfied client

This comprehensive framework addresses both the supply side and demand side of family planning and covers both the responsibilities of duty-bearers and the entitlements of rights-holders. These levels do not operate in isolation but reinforce and contribute to each other.



What is a human rights-based approach to contraceptive care?

WHO recommendations around 9 principles

- Non-discrimination
- Availability
- Accessibility
- Acceptability
- Quality
- Informed decision-making
- Privacy and confidentiality
- Participation
- Accountability



Linking WHO Guidelines with High Impact Practices

- Link WHO Guidelines and Tools with Programmatic Practices (i.e. HIPs)
- Training, Advocacy, Provider Reference, Program Design

ibpnetwork

Use of the WHO Guidelines & Tools Alongside High Impact Practices in Family Planning **A MATRIX**

HIP

FAMILY PLANNING HIGH IMPACT PRACTICES

World Health Organization

Which HIP?

Use the resources below based on the suggestions in the center of the matrix.

High Impact Practices in Family Planning

		Community Health Workers	Drug Shops & Pharmacies	Mobile Outreach	Post-abortion FP	Immediate Post-Partum FP	FP Immunization Integration	Social Franchising	Social Marketing
WHO Guidelines 	Medical Eligibility Criteria & Selected Practice Recommendations	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN
	Optimizing Health Worker Roles through Task Shifting	ADVOCACY	ADVOCACY	ADVOCACY	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	ADVOCACY	PROGRAM DESIGN
		PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN				PROGRAM DESIGN	
	Ensuring Human Rights in Contraceptive Provision	ADVOCACY	ADVOCACY	ADVOCACY	ADVOCACY	ADVOCACY	ADVOCACY	ADVOCACY	ADVOCACY
		TRAINING	TRAINING					TRAINING	
	Consolidated Guideline on Self-care Interventions	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN
Digital Interventions for Health Systems Strengthening	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	PROGRAM DESIGN	
WHO Tools 	Family Planning A Handbook for Providers	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE
	Family Planning Training Resource Package	TRAINING	TRAINING	TRAINING	TRAINING	TRAINING	TRAINING	TRAINING	TRAINING
	Medical Eligibility Criteria Wheel	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE	PROVIDER REFERENCE

Example: Ensuring Human Rights in Contraceptive Provision



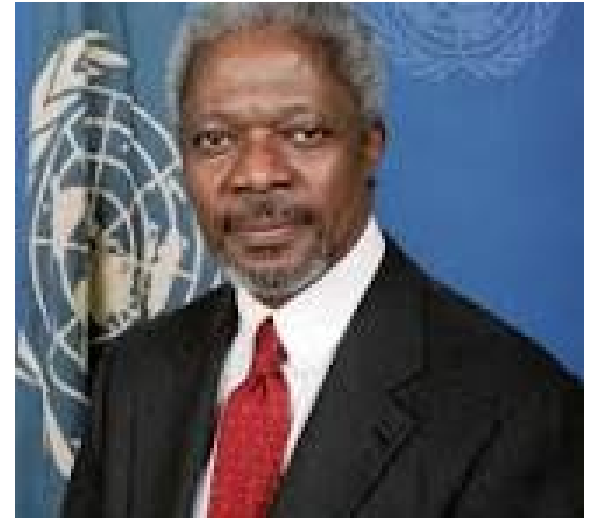
Ensuring Human Rights in Contraceptive Provision

PURPOSE: Provides guidance on actions that should be taken to ensure that human rights are systematically and clearly integrated into the provision of contraceptive information and services.

- Use to support **advocacy** efforts to provide the rights-based argument for expanding FP HIPs.
- Use in developing or updating **training** materials so that providers know how to reliably ensure the rights of their clients and potential clients in the provision of contraceptive services.

EXAMPLE: In conflict-affected settings women often face geographic barriers to accessing reproductive health care. WHO's Guideline on Ensuring Human Rights in Contraceptive Provision can be used to support rights-based advocacy for mobile outreach services in these settings.

“Every human being aspires to health, security and dignity. ... And as the world has increasingly come to realize, sexual and reproductive health is an essential part of these rights.”— Kofi Annan, United Nations Secretary-General, World Population Day, July 10, 2000



“Human rights are women’s rights and women’s rights are human rights.” — Hillary Rodham Clinton, 1995 United Nations Fourth World Conference on Women

For more information

www.who.int

www.ibpnetwork.org

www.srhr.org

[https://www.who.int/teams/sexual-and-reproductive-health-and-research-\(srh\)/human-reproduction-programme](https://www.who.int/teams/sexual-and-reproductive-health-and-research-(srh)/human-reproduction-programme)



Today's Panelists



Emilie Filmer-Wilson
UNFPA



Stephen Mupeta
UNFPA ESA



Peter Ngure
**ICFP Advocacy &
Accountability**



Dakshitha Wickremarathne
FP2030 Asia Pacific Hub

Emilie Filmer-Wilson - UNFPA

Emilie is the Senior Human Rights Adviser at the United Nations Population Fund (UNFPA). She provides leadership and advisory support for UNFPA's human rights works and efforts to "leave no one behind", as well as advances research on the nexus between women's rights and sexual and reproductive health. She has over 20 years of experience working with development organizations on mainstreaming human rights. Prior to joining the UN, she worked as a consultant with DFID and OECD-DAC, as well as with a national human rights NGO in Guatemala. Emilie holds a Masters in Political Science from Edinburgh University and post graduate degree in Human Rights from Geneva University.



Human Rights Based Approach in Family Planning HIP SPG Overview



Overall objective of the SPG on a HRBA to Family Planning

Support & strengthens FP programmes from a human rights perspective.

Introduces a framework to help assess whether or not a country's family planning programme follows a human rights based approach (HRBA) to family planning.

Provides a definition of HRBA to family planning.

Process: Expert & Writers' Group

2023: Concept Note was reviewed and approved by TAG , it was drafted by Expert group in first half of 2024 and open for public comment in July 2024. TAG approved in Sept 2024.

Expert Group:

Jennie Greaney, UNFPA
Shawn Malarcher, USAID
Aasa Nihlen, WHO
Kimberley Ocheltree, USAID
Heidi Quinn, UNFPA
Dakshitha Wickremarathne,
FP2030
Sesilia Shirima, Young & Alive
Initiative, Tanzania

Expert Writer's Group:

Elizabeth Arlotti-Parish, Jhpiego
Uluk Batyrgaliev, ECOM,
Kyrgyzstan
Emilie Filmer-Wilson, UNFPA
Maryce Ramsey, Independent
Pester Siraha, MSI Zimbabwe
Christina Zampas, UNFPA

Assessing FP programmes from a Human Rights Perspective

SPG supports an assessment of whether a country's service delivery meets HRBA criteria in key areas of family planning

- An examination of how well family planning programmes and their enabling environment adhere to international human rights standards and principles.
- by conducting assessments, stakeholders identify strengths, weaknesses, and gaps in their programs from a human rights perspective; identifying areas where improvements are needed to enhance the overall quality of family planning programs in promoting and protecting individuals' human rights.
- Provides an 8 step process for conducting an assessment, focusing on Step 4, the actual assessment. Emphasis placed on ensuring it is participatory and inclusive process

Human Rights Principles Guiding HRBA to FP

- Availability
- Accessibility
- Acceptability
- Quality
- Non-discrimination and Equality
- Informed decision-making
- Privacy and Confidentiality
- Participation
- Accountability

The holistic framework for human-rights based family planning

Community

Rights literacy is widespread, norms support informed decision-making and communities foster access to contraception

Laws and policy

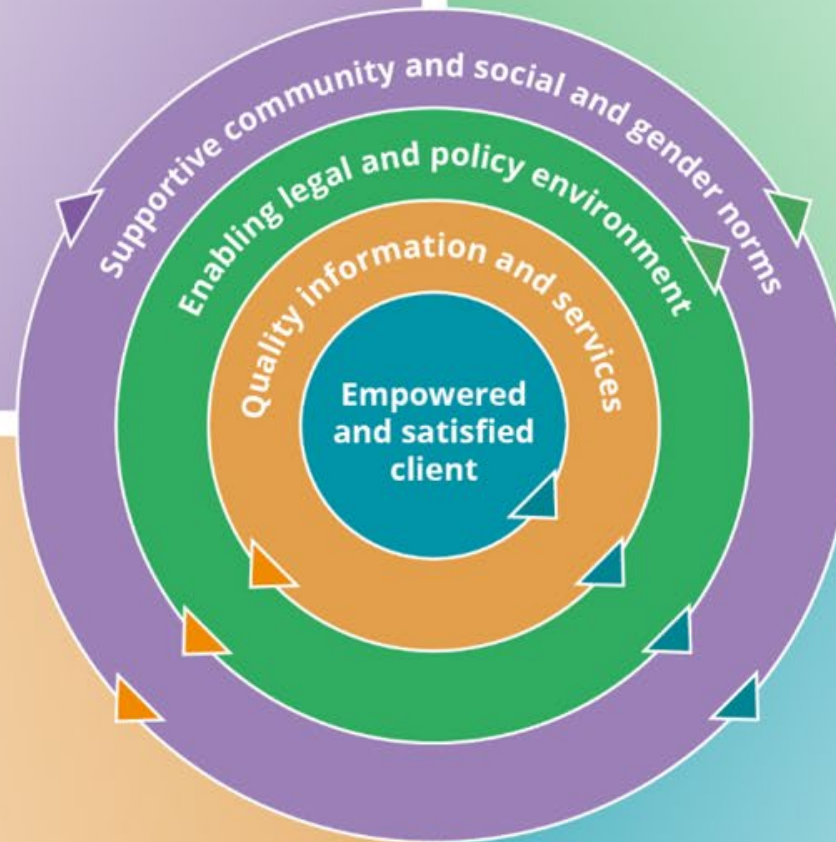
National laws and policies ensure full and equal access to family planning and are supported by adequate budgets and sound institutions

Service delivery

A range of quality contraceptives are supplied by duty-bearers free from discrimination or access barriers, with redress for rights violations

Individual

Every individual rights-holder enjoys agency in decision-making, privacy, confidentiality and respectful care



Characteristics of this SPG:

- Based around the framework developed by [UNFPA and What Works Association HRBA to FP Framework](#) (2022) - also developed with FP2030
- Linked and aligned to existing HIP publications and other research that support this SPG.
- The SPG speaks to countries with different population dynamics - both high and lower fertility contexts.
- The language of the SPG is aligned with human rights-based language and principles.
- Aims to be gender transformative
- In order to make the implementation of the SPG realistic, it clearly state that decision-makers do not need to tackle all of the recommendations at once but show entry points that can make a difference

Stephen Mupeta – UNFPA ESA

Dr. Mupeta currently serves as the Regional FP Specialist for UNFPA in East and Southern Africa, leading strategic initiatives across health service delivery improvement, program design, implementation, monitoring, and evaluation. His career spans clinical practice, program management, and health diplomacy, complemented by work in Zambia's Public Health sector, the United Nations system, and international NGOs at the national and international levels. Stephen holds a Master's degree in Public Health from the University of the Western Cape, RSA in South Africa, a Master of Obstetrics and Gynaecology and a Bachelor of Medicine and Surgery from the University of Zambia.



Regional Perspective: East & Southern Africa





How to Facilitate a Human Rights-Based Approach in Family Planning: A Strategic Planning Guide

A Regional Perspective
HIPs Webinar - 13 August 2025

Dr. Stephen Mupeta
Regional Family Planning Specialist
UNFPA, East and Southern Africa Regional

Presentation Outline

1. Various Dimensions of Family Planning
2. HRBA to FP
3. Process taken to introduce HRBA to FP in ESAR
4. Value of applying the HRBA to FP in the countries that UNFPA supported
5. How the tool helped concretize and operationalize principles of HRBA i action planning
6. Outcomes of applying an HRBA to FP in these different countries
7. Looking Ahead



Family Planning: Health, Human Rights & Development Dimensions

Family Planning Dimensions

```
graph TD; A((Family Planning Dimensions)) --- B[Health]; A --- C[Human Right]; A --- D[Socio Economic development];
```

Health

- Improve Maternal Health and reduce Maternal Mortality
- Improve Child Health reduce Child Mortality
- Improve Adolescent SRHR and teenage pregnancy
- Reduces Unsafe Abortions
- Slows the spread of HIV/AIDS

Human Right

- Right to health, right to Life
- Right to Education, Information
- Gender equality and Women Empowerment
- Right to live free from violence & exploitation
- Dignity

Socio Economic development

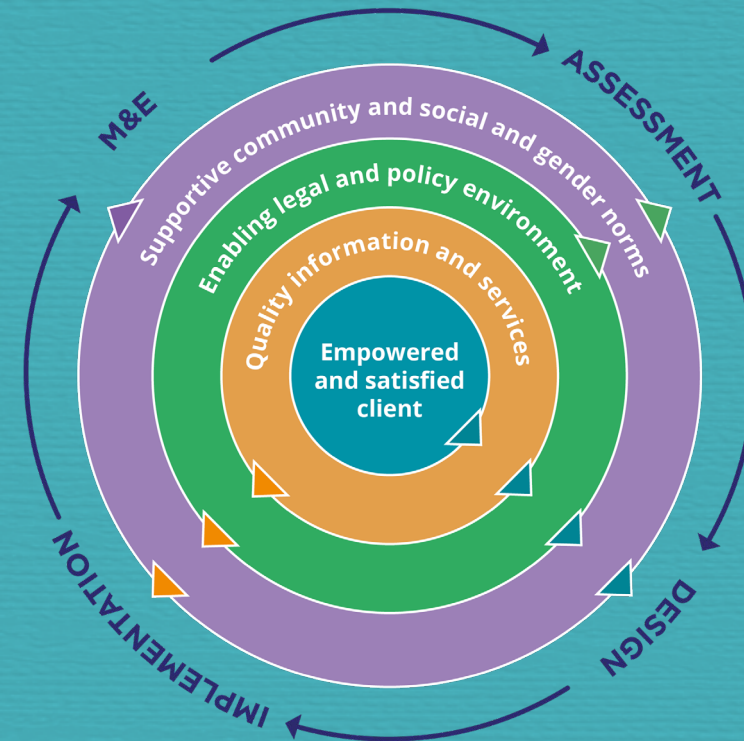
- Reduces Poverty
- Human Capital Development
- Inclusive Economic Development
- Addressing inequalities

States have legal obligations to respect, protect, and fulfil human rights

Human rights principles and standards that apply to FP

- **Non-discrimination and equality**
- **Participation**
- **Accountability**
- **Bodily autonomy and agency**
- **AAAQ+**
 - Availability
 - Accessibility
 - Acceptability
 - Quality
- **Privacy and confidentiality**
- **Informed decision-making**

Applied at all phases of programming



Applied at all levels of programming

Process taken to introduce HRBA in UNFPA Supported ESAR Countries

Regional Capacity Building in HRBA to FP and HRBA Support Tool - UNFPA ESAR and WCAR

In-country engagements with multiple stakeholders for selected countries - Assessment + action Planning



- Uganda: 2022
- Kenya: 2023
- Mozambique: 2023
- Tanzania: 2023
- South Sudan: 2024
- Zambia: 2024

Multi -Stakeholders Engaged across the 6 countries

Diverse stakeholders across the 6 countries;

- Persons with disabilities
- Youth groups
- LGBTQI groups
- Health professional associations;
- Faith based leaders;
- National human rights institutions;
- Health care providers (midwives, doctors and nurses etc.);
- Managers of health facilities;
- Academia (training institutions)
- Various government ministries (health, interior security, youth, gender etc)
- Law enforcement agencies (Police, army, legal entities)
- Development partners and other CSOs

Value of applying the HRBA to FP in the different countries that UNFPA supported?

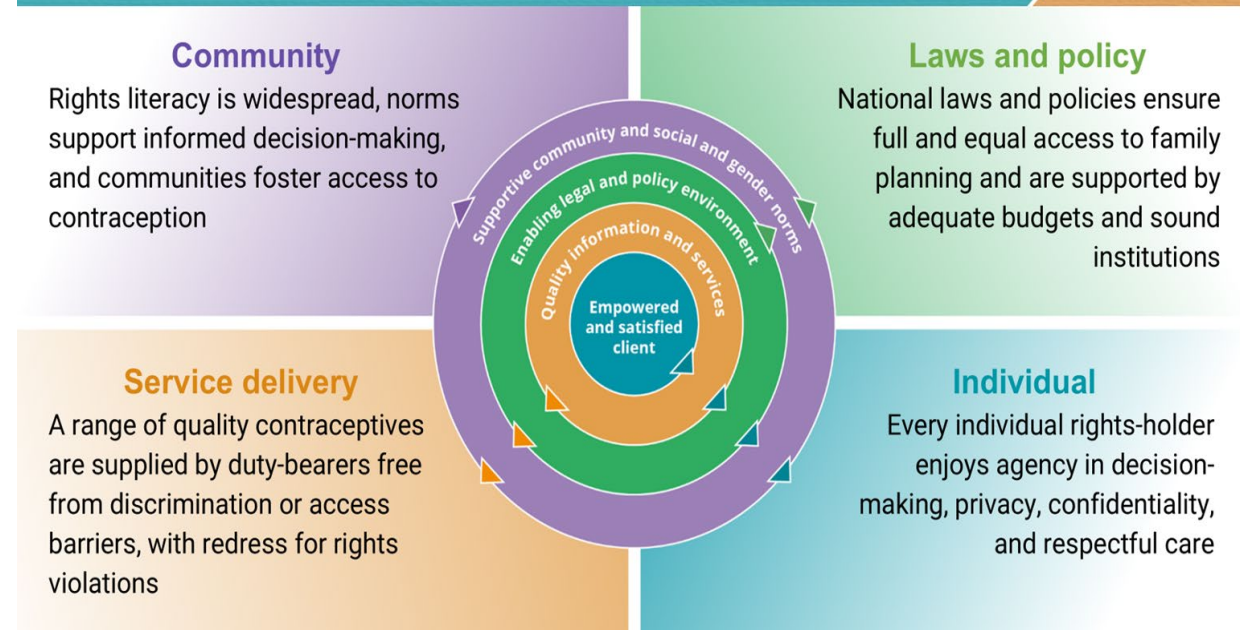
Demystify what human rights mean for FP with national counterparts

Provided a platform for discussion among a wide range of actors and identified the bottlenecks

Added value of HRBA to “Good Practices” in FP



The holistic framework for human-rights-based family planning – Requiring Multi-stakeholder Engagement



How the tool helped concretize and operationalize the principles of human rights into concrete action planning

Rights principle

Non-discrimination and equality

Example of Programmatic Options by some countries

- Mainstream **service delivery for marginalized groups** at FP service delivery points, inclusive services for **PWDs**, marginalized and key populations
- **Capacity-building of HCWs on human rights-based approach to FP** including specific trainings for marginalized groups such as PWDs
- **Develop/Review and validate policy documents on FP:** Health Policy, Reproductive Health Policy, FP Guidelines, RH Commodity Strategy, FP Costed Implementation Plan, National Adolescent SRH Policy, National Guidelines for the Provision of Adolescent and Youth Friendly Services

How the tool helped concretize and operationalize the principles of human rights into concrete action planning

Rights principle	Example of Programmatic Options by some countries
Availability	<ul style="list-style-type: none">▪ Awareness creation among individuals, couples, and marginalized groups on HRBA in FP, including review of existing IEC materials to be respond to the needs of all, especially marginalized/vulnerable groups.
Accessibility	<ul style="list-style-type: none">▪ Integration of HRBA for FP in IECs and SOPs for service delivery points▪ Geographic access, financial access, and policy access▪ Advocate for the inclusion of a full range of FP services in the national health insurance cover.▪ Strengthen availability of FP commodities and services at all service delivery points
Acceptability	<ul style="list-style-type: none">• Conduct an assessment on the attitudes and beliefs of the religious and cultural leaders on HRBA to SRHR / FP service delivery• Form a group of HRBA champions among the religious and cultural leaders that will advance FP utilization

How the tool helped concretize and operationalize the principles of human rights into concrete action planning

Rights principle	Example of Programmatic Options by some countries
Quality	<ul style="list-style-type: none">• Incorporate Value Clarification for attitude Transformation FP/SRHR in pre-service Training Curriculum• Train Health Care Workers on HRBA to FP/SRHR during Comprehensive FP Training• Monitor and support health facilities to mainstream HRBA in the provision of YFS at the facility levels
Privacy and confidentiality	<ul style="list-style-type: none">• Support infrastructural improvements at FP service delivery points to assure privacy, confidentiality, and inclusivity of all individuals in need of FP services

How the tool helped concretize and operationalize the principles of human rights into concrete action planning

Rights principle	Example of Programmatic Options by some countries
Accountability	<ul style="list-style-type: none">• Establish Accountability mechanisms to monitor and track the implementation of FP policies, guidelines, strategies, and plans• Conduct FP client exit interviews as part of the feedback mechanisms• Conduct periodic assessment on extent to which all key partners have embedded HRBA in their FP/SRHR programs
Participation	<ul style="list-style-type: none">• Create safe spaces for out-of-school adolescents to access SRHR information and services and engage them in peer education programs• Targeted interventions that address the unique SRHR needs of boys and men, promoting responsible sexual behavior and gender equality.• Establish youth advisory boards and actively involve young people in design, implementation, and evaluation of SRHR programs.• Partner with community-based organizations representing sex workers to ensure their voices are heard and their needs are met in SRHR policies

How the tool helped concretize and operationalize the principles of human rights into concrete action planning

Rights principle

Example of Programmatic Options by some countries

Bodily autonomy,
agency and
empowerment

- **Promote Self-Care Interventions:** Enhance awareness and availability of self-care interventions in FP, aligning with WHO guidelines e.g. DMPA SC
- Capacity building on agency and autonomy, particular emphasis HRBA principles in FP programming

Informed decision-
making/
Informed choice

- Ensure **IEC materials are available in formats such as braille, large print, and audio descriptions** for persons with visual or print disabilities.
- **Collaborate with sex worker-led organizations** to develop culturally appropriate and non-judgmental **SRHR IEC materials that address their specific needs** and vulnerabilities.

What has been the outcome of applying an HRBA to FP in these different countries?

- ✓ **Kenya:** HRBA integrated into key national policy and programmatic documents (7th Edition of FP Guidelines; SCM Training packages; Nursing and Midwifery council curricula etc)
- ✓ **Tanzania:** HRBA enhanced advocacy for DRM leading to unlocking over USD4.4 Million Domestic Resources towards Contraceptive commodities for the Fiscal year 2024/2025.
- ✓ **South Sudan:** Opened Dialogue on HRBA to FP in Complex Humanitarian situation and developing national action plan
- ✓ **Zambia, Mozambique, Uganda:** Opened Dialogue on HRBA to FP among key partners and implementing Action plan



**FUTURE
FORWARD**

Looking Ahead

1. In-country capacity building and sensitization of key partners in HRBA
1. Monitoring implementation of the national action plans work
1. Measuring impact of HRBA on service delivery improvement e.g. improved access to FP by PWD or Sex workers or improved scores on client feedback etc. – Consideration for Implementation Research?
1. Support to more countries to conduct in-country HRBA assessments and systems strengthening in HRBA (Capacity building, integration in policies, strategies, training manuals, SOPs etc.)





Thank you!

Dakshitha Wickremarathne – FP2030 Asia Pacific Hub

Dakshitha is the Senior Technical Lead, Advocacy, Accountability and Partnerships' at FP2030 Asia Hub. He is a development practitioner from Sri Lanka with over a decade of experience working for non-profits, international NGOs, U.N. agencies and government institutions. His focus of work has been on advocacy and policy development, program design and management on the areas of sexual and reproductive health, adolescent health and gender equality. He has previously worked for IPPF, UNFPA, CARE and Search for Common Ground. He has a MSc in Public Policy and a Masters in Development Studies.



Regional Perspective: Asia-Pacific

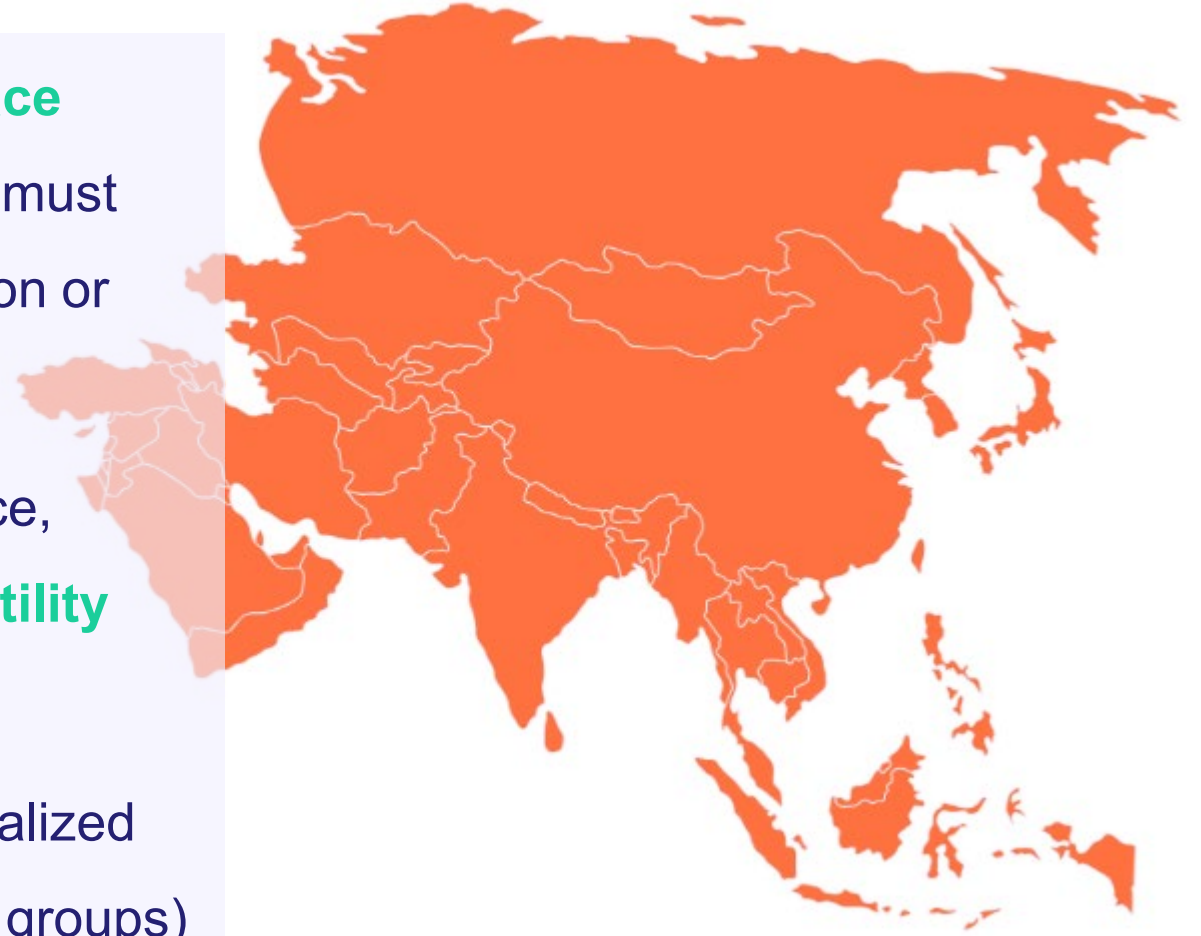


Now more than ever, we need concrete ways to further a human rights-based approach to family planning

Disruptions in foreign aid and growing anti-rights movement globally means centering human rights-based approaches to FP is critical to maintaining and advancing progress moving forward

Setting the Context for the Asia and Pacific Region: Low Fertility & HRBA Imperatives

- **Over 50% of countries in Asia-Pacific now face below-replacement fertility.** Policy responses must uphold reproductive rights—not promote coercion or pronatalism
- Human rights-based FP ensures informed choice, access, and bodily autonomy **regardless of fertility trends**
- **Growing inequalities** in access among marginalized populations (adolescents, migrants, indigenous groups)



Successes and Challenges in the AP Region

Successes and Emerging Good Practices

- Integration of HRBA into national FP policies in countries like Nepal, Philippines, and Indonesia
- Task-shifting and community engagement to expand equitable access
- Strengthening accountability mechanisms and legal protections for SRHR.

Ongoing Challenges

- Coercive practices in some settings (e.g. targets, incentives)
- Stigma and discrimination limiting access for unmarried youth and LGBTQI+ communities
- Underfunding of rights-based service delivery and data systems
- Need for capacity-building on HRBA across sectors and levels of government.

Using the HRBA SPG to Further FP in Asia and Pacific



FP2020 Interfaith workshop in Siem Reap

Support new and existing FP2030 commitment makers to shape and assess strategies to deliver on their commitments



Tool for advocates and CSOs as they advocate for continuation of FP services and programs with limited resources



Resource for FP2030 country focal points and other stakeholders as they develop FP2030 action plans, CIPs, and other FP policies and strategies



Convene cross-country dialogues to share best practices and challenges in implementing HRBA to FP



We want to hear from you!

Email
hips4fp@gmail.com



Peter Ngure – Pathways Policy Institute

Peter is the 2025 ICFP Advocacy and Accountability Sub-Committee Co-Chair. Peter is the founder of Pathways Policy Institute (PPI), a community-based policy and accountability organization that aims to realize local solutions by strengthening community systems to respond to health and climate challenges using a Primary Health Care (PHC) lens. Previously he worked for the USAID BUILD Project, FP2030, Options Consultancy Limited and AMREF. Peter has a Master of Arts in Rural Sociology and Community Development, University of Nairobi, and a Bachelor of Arts in Social Science from Catholic University of Eastern Africa.



Advocacy & Accountability in the context of HRBA: International Conference on Family Planning ICFP 2025



August 2025

ICFP – Advocacy & Accountability Subcommittee & Human Rights



TheICFP.org | #ICFP2025

About the Subcommittee



Formed in 2015, the subcommittee is one of the oldest in the ICFP community. The subcommittee worked to have advocacy and accountability topics integrated into all conference tracks.

Now, the subcommittee focuses on coordinating efforts to highlight the role of advocacy and accountability at the global, regional, national and sub-national levels to ensure access to voluntary, quality family planning information, services and supplies in the context of sexual and reproductive health and rights.



Subcommittee Goals for ICFP 2025



There are many activities planned for the upcoming ICFP 2025 conference including:

- Finding ways to engage donors and decision makers in different ways throughout the conference
- Including advocacy and accountability in various conference sessions
- Leading roundtable discussions and exchanges on topics related to advocacy and accountability

Like the other 10 subcommittees, the A&A Subcommittee tries to ensure all outputs follow the ICFP 2025 Theme of

**Equity Through Action:
Advancing Sexual and Reproductive
Health and Rights for All**



Advocacy & Accountability: Workstreams



- **Accountability:** Planning post conference accountability session on 'SRHR/Family Planning Accountability in the wake of financing disruption
- **LIVE Stage:** incorporate advocacy and accountability topics on the LIVE Stage and encourage relevant individuals/groups to submit abstracts.



Advocacy & Accountability: Workstreams, continued



- **Donors and decision-makers:** Activities include Donor Mapping and Participation Planning, a donor panel, and Lunch with Leaders event to foster connections.
- **Skills-building:** Will design and facilitate a SMART Advocacy Training during Youth Summit
- **Conference sessions:** Two Lunch & Learn Table sessions:
 - One led by regional networks of trans people, people with disabilities, and sex workers, in coordination with the Power Shifting, Research, and Implementation subcommittees.
 - One focused on exchanges with decision-makers, to be mapped together with the Donor Engagement Workstream.



Engaging with Youth Leaders



- **Youth are a driving force behind ICFP**, with many sponsored opportunities to engage with ICFP and present research for youth.
- Prior to ICFP, the Gates Institute, in partnership with ICFP, will train 20 youth leaders in the **Global Health Leadership and Advocacy Accelerator (GHLAA)** curriculum and give them sponsorship to attend ICFP, where they will refine their advocacy innovations for their local contexts.



Human Rights & Advocacy work; People-Powered Inclusive Democracy



- **Community Assemblies;** Inclusion NOT participation. Using community assemblies, we are building 'trust' between governments and citizens and ensure government's decisions are **respecting the participants inputs**
- **Jasiri Youth Champions** – In its 6th Cohort, the program targets Internally Displaced Persons, Women and Youth, bringing them to the decision-making spaces.



Engage with ICFP



ICFP 2025 Conference Information

- [See all ICFP 2025 Sponsorship Opportunities](#)
- [Meet Colombia, ICFP 2025 Host Country](#)
- Late-breaking Abstract Submission window (Coming in September)

ICFP Community Engagement

- [Explore and Join the 11 Vibrant ICFP Subcommittee Communities](#)
- [Check out Upcoming and Past ICFP Events & Join the Movement](#)
- [Become a Member of the Family Planning News Network \(FPNN\)](#)
- [Meet the ICFP 2025 Youth Trailblazer Award Winners &](#)
- [Learn More About AYSRHR Global Roadmap for Action \(GRA\)](#)

Latest ICFP Updates

- [ICFP News](#)
- [ICFP Newsletter Sign-up and Archive](#)
- [Family Planning News Network Coverage](#)

Become a Sponsor

[Explore the Sponsorship Packages](#) – including special youth sponsorship

Have more questions? Check out our [Frequently Asked Questions](#) or email us at info@theicfp.org.

Connect with ICFP on Social Media

- [LinkedIn](#)
- [YouTube](#)
- [Instagram](#)



TheICFP.org | [#ICFP2025](https://twitter.com/ICFP2025)

ICFP LIVE Stage



- A vibrant, interactive space at the heart of the conference—livestreamed globally for free to our 50,000-person audience.
- Elevates bold, community-powered voices in FP/SRHR

TheICFP.org/2025-LIVE

Delegate Membership Registration



#ICFP2025 Delegate Membership Registration Now Open!

#ICFP2025 inscriptions pour les membres délégués désormais ouvertes !

¡#ICFP2025 inscripciones para miembros delegados ya están abiertas!



Register Now | Inscrivez-vous maintenant | Regístrese Ahora

TheICFP.org/2025-Registration



Tiered Pricing

Tarification progressive
Precios escalonados



Discounts Available

Réductions disponibles
Descuentos disponibles



Access to ICFP 2025 Program

Accès au programme ICFP 2025
Acceso al programa ICFP 2025





Thank You!
Merci !
¡Gracias!

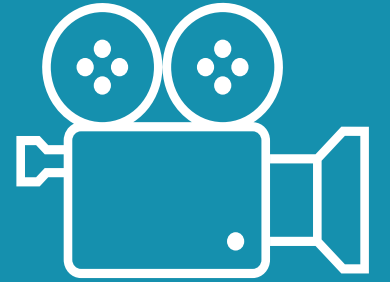
Questions & Answers



Before we close

Presentation and Recording will be available here:

<https://www.fphighimpactpractices.org/high-impact-practice-webinars/>



For more information, please visit:

High Impact Practices: www.fphighimpactpractices.org

Facilitate a Human Rights Based Approach in Family Planning Strategic Planning Guide:

<https://www.fphighimpactpractices.org/guides/hrba/>



SPG Resources:

Human Rights-based Approach to FP Support Tool:

<https://www.unfpa.org/featured-publication/human-rights-based-approach-family-planning-support-tool>

FP2030 Rights & Empowerment Principles:

<https://www.fp2030.org/resources/resources-family-planning-2020-rights-empowerment-principles-family-planning/>

WHO Ensuring human rights in the provision of contraceptive information and services:

https://iris.who.int/bitstream/handle/10665/102539/9789241506748_eng.pdf;jsessionid=8C22F3532E1C15248542554C91A6525A?sequence=1



**This webinar was organized and hosted
by the IBP Network.**

Thank you for your participation today!

 fphighimpactpractices.org

