

Family Planning High Impact Practices List

High Impact Practices (HIPs) are a set of evidence-based family planning practices vetted by experts against specific criteria and documented in an easy-to-use format.

Endorsed by more than [25 organizations](#), HIPs help build consensus around our current understanding of what works in family planning.

HIPs are identified based on demonstrated magnitude of *impact* on contraceptive use and potential application in a wide range of settings. Consideration is also given to other relevant outcome measures including unintended pregnancy, fertility, or one of the primary proximate determinants of fertility (delay of marriage, birth spacing, or breast feeding). Evidence of replicability, scalability, sustainability, and cost-effectiveness are also examined.



The eight-page HIP briefs can be used for advocacy, strategic planning, program design, exploration of research gaps, to inform policies and guidelines, and to support implementation.

HIPs are categorized as:

Enabling Environment	Service Delivery	Social and Behavior Change
Systems or structural interventions which affect factors indirect to contraceptive use.	Changes in the organization of services which directly affect access, availability, and quality of family planning services.	Interventions which directly affect knowledge, attitudes, behavior, and social norms that influence contraceptive use.

In addition, technologies or practices that are not typically standalone interventions, but rather implemented in conjunction with HIPs to further intensify the impact of the HIPs, are referred to as **HIP Enhancements**. HIP Enhancements include:

- **Adolescent-Friendly Contraceptive Services:** Incorporate adolescent-friendly service delivery elements into existing contraceptive and health services.
- **mHealth:** Use mobile wireless technologies, such as cell phones, to provide health information and support to clients, providers, or health systems.

Service Delivery and Social and Behavior Change HIPs are further categorized according to the strength of the evidence base for each practice – proven, promising, and emerging. The darker the color used in the HIP brief, the stronger the evidence base for the practice.

Proven	Sufficient evidence exists to recommend widespread implementation, provided that there is careful monitoring of coverage, quality, and cost.
Promising	Good evidence exists that these interventions can lead to impact; more research is needed to fully document implementation experience and impact. These interventions should be implemented widely, provided they are carried out in a research context and evaluated for both impact and process.
Emerging	Limited evidence exists to assess impact; these interventions should be implemented within the context of research or an impact evaluation.

Enabling Environment HIPs

- **Galvanize commitment** to support family planning programs.
- Develop, implement, and monitor supportive government **policies**.
- Support **financing** for family planning services and supplies at the national and local levels.
- Develop an effective **supply chain management systems** for family planning so that women and men can choose, obtain, and use the contraceptive methods they want throughout their reproductive life.
- Implement a systematic, evidence-based **health communication** strategy that includes communication through multiple channels to enable people to make voluntary and informed health care decisions.
- Develop and support capacity to **lead and manage** family planning programs.
- **Keep girls in school** to improve health and development.

Service Delivery HIPs

Proven

- Integrate trained, equipped, and supported **community health workers (CHWs)** into the health system.
- **Postabortion family planning**: Provide family planning counseling and services at the same time and location where women receive services related to spontaneous or induced abortion.
- Support distribution of a wide range of family planning methods and promotion of healthy contraceptive behaviors through **social marketing**.
- Support **mobile outreach service delivery** to provide a wide range of contraceptives, including long-acting reversible contraceptives and permanent methods.

Promising

- Train and support **drug shop and pharmacy staff** to provide a wider variety of family planning methods and information.
- **Integrate family planning and immunization services**: Offer family planning information and services proactively to women in the extended postpartum period.

Social and Behavior Change HIPs

Proven - Brief forthcoming

Promising

- **Community Group Engagement**: Engage and mobilize communities in group dialogue and action to promote healthy sexual relationships.

The HIP work is co-facilitated by:



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UNFPA



World Health Organization



IPPF International
Planned Parenthood
Federation

